

in order to get their mail forwarded when they move, TMSI proposed that they would print and distribute the Change of Address cards, making them more user-friendly, including moving tips and public service information. Moreover, their concept included the recruitment of move-related advertisers in order to reduce costs. The Mover's Guide was launched in 1994 nationally and is now saving the Postal Service millions of dollars in direct costs, as well as mail forwarding and increased postage costs each year.

This success was followed by the launch of the Welcome Kit in 1997, which is now sent to every mover at their new address to confirm change of address information, as well as public service information on motor vehicle registration, voter registration, federal moving related information, tips on settling in, and savings offers from move-related advertisers. Here again, this is all accomplished while saving taxpayers millions of dollars annually.

I was proud to take part last year in the celebration of this unique business relationship, including visiting TSMI's headquarters, and to witness the enthusiasm the people of TMSI and the Postal Service bring to their work in this area. I congratulate TMSI and the Postal Service on their innovation and determination. I hope, as I've said, that other individuals, companies, and agencies will be able to draw strength and inspiration from this success story. I look forward to learning of many similarly effective public-private alliances, which will no doubt be forged in the coming months and years ahead.

SALUTING HUNTERS AND ANGLERS ON THE 27TH ANNUAL NATIONAL HUNTING AND FISHING DAY

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Monday, September 28, 1998

Mr. BOB SCHAFFER of Colorado. Mr. Speaker, I rise today to join in celebrating the 27th anniversary of the National Hunting & Fishing (NHF) Day. NHF Day is a nationwide tradition that introduces millions of Americans to outdoor sports. The theme for this year, "A Natural Invitation to Step Outside," was chosen to encourage all Americans to head outside and share the values and fun the outdoors offers. According to Chris Chaffin, NHF Day Director, "It is more important now than ever to introduce newcomers to hunting, shooting, fishing and other activities because those who participate in these outdoor sports gain a lifetime of enjoyment, embrace an American tradition and share the values of stewardship and resource conservation for our future."

President Nixon and Congress established NHF Day in 1971 to recognize generations of hunters and anglers for the time and money that they have contributed to wildlife conservation efforts. To date, this totals more than \$20 billion and uncounted hours of work on habitat improvement projects.

In fact, data from the U.S. Fish and Wildlife Service show hunters and anglers contributed nearly \$1 billion to wildlife conservation for 1997. These revenues, raised through license sales, support state wildlife agencies and their

conservation projects. This money is not general tax revenue, yet it benefits every American by promoting both a healthy environment and healthy wildlife. Moreover, these figures do not include the hundreds of millions of dollars raised through excise taxes on hunting and fishing equipment and donations to conservation organizations.

Of course, to hunters and anglers, this is nothing new. Over 100 years ago, they were the earliest and most vocal supporters of conservation and scientific wildlife management. They were the first to recognize that rapid development and the unregulated use of wildlife were seriously threatening the future of many species.

Led by President Theodore Roosevelt, these early conservationists called for the passage of the first laws to outlaw market hunting and provide funds to state wildlife agencies through sales of hunting and fishing licenses and taxes on sporting equipment. Hunters and anglers today provide more than 75% of the funding for these agencies. During the past century, sportsmen and sportswomen have worked countless hours to protect and improve millions of acres of vital wildlife habitat on lands available for the use and enjoyment of everyone.

In particular, I would like to highlight and praise the role of Colorado's hunters and anglers in wildlife conservation. According to 1997 figures, Colorado's sportsmen and sportswomen purchased over 1.4 million hunting and fishing licenses which generated almost \$60 million for the Colorado Division of Wildlife. Projects such as the Greenback trout recovery, Frying Pan River trout stocking, Beaver Creek cutthroat trout restoration, Native Aquatic Species Restoration Facility in San Luis Valley (a first in the nation), and \$300,000 for wetlands conservation in San Luis Valley, are all beneficiaries of these revenues.

In Colorado, as in the rest of the country, hunters and anglers, through license fees and excise taxes, have been the biggest single force behind the restoration of habitat and wildlife conservation. I, for one, would like to salute those hunters and anglers on this 27th observance of the National Hunting and Fishing Day.

IN HONOR OF DANIEL PENSIERO, JR.

HON. DENNIS J. KUCINICH

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Monday, September 28, 1998

Mr. KUCINICH. Mr. Speaker, I rise today to honor the memory of Mr. Daniel Pensiero, Jr., a native of Cleveland, Ohio. Mr. Pensiero had a distinguished career in the food and travel industries. He was dedicated to his loving family and was involved in many community activities.

Daniel Pensiero, Jr. passed away on August 15, 1998 in Sun Valley, Idaho. Mr. Pensiero and his wife, Mildred, lived in Las Vegas, having moved from Chagrin Falls. He was born in Cleveland, Ohio. When he graduated from Baldwin-Wallace College in 1951, he went to work with his father, Daniel Webster, Sr., a food broker who owned the Carl Weber, Co. Mr. Pensiero became president of the com-

pany in 1971. After he merged it with another firm, it became Smith, Weber, & Swinton in 1986. He served as a chairman for 3 years. He then bought several travel agencies and merged them into the company A Ticket to Ride, which he operated for 8 years. At the time of his death, Mr. Pensiero was a consultant for Stanislaus Foods, a manufacturer of tomato products.

Mr. Pensiero studied classical music as a child and enjoyed playing the piano. He cooked meals for his friends and family and loved to travel. He was a good friend to many. In addition, he was very active in fund raising for local charities.

Mr. Pensiero is survived by his wife, Mildred, children Debbie, David and his wife Cynthia, Daniel III, Jeffery, and his brother Donald A. Pensiero, M.D. Daniel Pensiero, Jr. lived an admired and honorable life. I would like to extend my deepest sympathy and condolences to his family and friends. He will be greatly missed by all who knew him.

IN RECOGNITION OF OPPORTUNITY, INC.

HON. JOHN EDWARD PORTER

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Monday, September 28, 1998

Mr. PORTER. Mr. Speaker, I am pleased to rise today to recognize Opportunity, Inc., an outstanding organization located in Highland Park, IL. This is truly a remarkable enterprise and a magnificent example of the initiative needed to help people move from welfare to work and a better life.

Opportunity, Inc. is a unique, not-for-profit contract manufacturer that employs 150 persons, most of whom have developmental, physical and/or emotional disabilities. Founded in 1976 by local construction executive John Cornell, who still serves as an Emeritus member of the Board of Directors, the company will hold its annual Handicapable Leadership Award Dinner in Chicago on October 6th. The keynote speaker will be Ken Bode, PBS Senior Correspondent, moderator of Washington Week in Review and Dean of the Northwestern University Medill School of Journalism.

The company's mission is twofold: (1) to provide a mainstream plant environment in which handicapable people can work and earn a paycheck as well as the dignity that comes from being employed productively on a full-time basis; and (2) to provide its private sector customers with the best possible quality, price and service.

As everyone understands, budget constraints compel us to look for ways to effectively address important needs without government subsidies, and Opportunity, Inc. is leading the way in this regard. A model of community response and innovation, the company demonstrates how competitive and productive handicapable employees can be. Opportunity, Inc. built and continues to operate the nation's only not-for-profit, certified class 100,000 "clean rooms" for medical and surgical packaging.

When I visited Opportunity, Inc., however, I learned that its business success, while impressive, pales in significance to the positive contributions it has made to its employees' lives. I experienced firsthand how proud, dedicated and competitive they are. As one man

said to me, "Congressman, all we need is a fair chance to compete. That's what we get there at Opportunity and just look at the results!" Clearly, Opportunity, Inc. is an organization that lives up to its name.

Mr. Speaker, I am proud to represent a congressional district that includes enterprises of this caliber. It is my pleasure to salute the employees, management and directors of Opportunity, Inc. on the occasion of their annual dinner, and to extend my personal congratulations to Raymond J. Geraci, Mayor of Highland Park, Illinois, who is the recipient of this year's Handicapable Leadership Award for 20 years of service.

THE 50TH ANNIVERSARY OF THE FRAMINGHAM HEART STUDY

HON. EDWARD J. MARKEY

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Monday, September 28, 1998

Mr. MARKEY. Mr. Speaker, I submit the following address.

Good afternoon, everyone. Thank you for inviting me to this historic celebration—the commemoration of a 50 year milestone in the advancement of public health in the United States. No other community in America has ever contributed as much to the health of all Americans as the town of Framingham—a veritable medical mecca. We are here today to honor you and the gift of life you have given to our country.

I am pleased to be among so many friends and so many experts in the fields of medicine and research. Framingham is blessed with the very best State House delegation in Massachusetts—State Senator Dave Magnani, and State Representatives John Stefanini and John Stasik. And what a great local government—represented today by Chairman of the Board of Selectmen Chris Pettrini. Our Master of Ceremonies, Dr. Timothy Johnson, a modern day Marcus Welby—he's on ABC now, but he was dispensing his outstanding medical advice to all of us in Boston long before he made it really big—right here on Channel 5.

Jay Lander and the many other study participants and their families whom we congratulate and thank today.

The guardians of the Framingham Study—Doctors William Castelli, Aram Chobanian, and Daniel Levy. One of the federal government's top health experts, Dr. Claude Lenfant, Director of the National Heart, Lung, and Blood Institute at NIH.

And to this distinguished public health pantheon we welcome a world leader, America's Doctor, the Surgeon General of all of these United States, the Pied Piper of Prevention, Dr. David Satcher. There is no kinder, wiser, more conscientious or creative caregiver in the land, and we are grateful for, and honored by his presence and his willingness to devote his great talents to helping all of America's people lead healthier and more productive lives.

As I was preparing for today's event, it occurred to me that the willingness of the people of Framingham to volunteer for this monumentally important civic cause has proven to be as critical to the promotion of our nation's health as the Minutemen of Middlesex County were to the promotion of our democracy. It is extraordinary to think in 1948, in a town of only 28,000 people, nearly one out of five residents stepped forward to answer the call for participation in this long-term affair of the heart. They devoted their

lives to a revolutionary undertaking, demonstrating the same deeply felt spirit of voluntarism as their forebearers who took up their flintlocks to beat back King George III.

When the history of Western Medicine is written, every one of those first 5,000 volunteers, and every one of the subsequent wave of 5,000 offspring and spouse volunteers, and every one of the more than five hundred Omni Study volunteers, will be listed in the history books under the heading of "Public Health Patriots." Because for the past 50 years, you have opened your lives to save all of ours.

Make no mistake about it, the Framingham Heart Study has been revolutionary—changing the way our entire country thinks about medicine and revolutionizing our understanding of heart disease. Framingham has set the standard for the very best in medical research, bridging the gap between science and advocacy. It has made history as one of the first major health studies to include women who had long been neglected in the halls of public policy, in research studies, and in clinical practice. Fully 55 percent of the original cohort and 52 percent of the second generation "Offspring Study" were women. This fact is significant because heart disease was long believed to be only a man's disease—but thanks to Framingham we know that it is in fact the #1 killer of American women, that the symptom presentation may be different in women than men, and that there are important steps that both women and men can take to protect themselves from the dangers of cardiovascular disease.

Research is medicine's "field of dreams" from which we harvest new findings about the causes, treatments, and prevention of disease. And we have harvested a great deal of knowledge about heart disease from our national investment in the Framingham Heart Study. In 1948, the United States Public Health Service wanted to know why the rates of heart disease were rising in America. Since then, the Study has been answering that question, and for the first time in history identified risk factors for heart disease. The federal government's total contribution to the Framingham Study has been just \$43 million dollars—but that \$43 million dollars has produced 50 years of data and over 1,000 scientific papers—the Holy Book for Healthy Hearts. I believe this is one of the best investments our government has ever made, because it has paid life-saving dividends: Since the time the study began, the death rate from heart disease has declined by 50 percent.

Perhaps the most long-lasting contribution of the Framingham Heart Study will be the way in which it turned the attention of medicine inexorably towards prevention as a strategy for reducing the ravages of disease and for improving the quality and quantity of our lives. Framingham has given us a public health model that extends well beyond the heart and challenges the mind as well. You see, we are finally waking up to the fact that only through lifestyle and behavioral changes will Americans achieve optimal health.

That is because at the turn of this century, in the year 1900, the average life expectancy in the United States was 48 years of age for women and 46 years for men. Americans died of infectious diseases, and for women, also from complications of childbirth. So, from the dawn of time to the year 1900, we had added just a few years to the lives of Americans. However, for a person born today, the average life expectancy is 79 years of age for women and 72 years for men. Over the last 98 years, through government sponsored public health interventions including better sanitation, immunization, and advances from our

federal investment in medical research, we have added thirty bonus years to the lives of Americans.

Today, the major killers of people in the United States are chronic diseases—including heart disease, cancer, stroke, chronic lung disease and diabetes, for which over 50 percent of the cause are behavioral and lifestyle factors—smoking, poor diet, lack of physical activity, alcohol and illicit drug abuse, unsafe sexual practices, and not wearing a seatbelt.

As a result of the extraordinarily well-designed Framingham Heart Study, our nation learned about risk factors and adopted the prevention message that the Framingham Study put on the map. Healthy diet and exercise will help prevent heart disease, high blood pressure, diabetes, and some types of cancer. Conversely, cigarette smoking is the #1 preventable cause of death in America. It not only causes lung cancer and chronic lung disease, but it is a leading contributor to heart disease as well. Yet 1 in 4 Americans smokes, 1 in 3 high school seniors smoke, and one-third of them will die of their addiction. Furthermore, there is a growing epidemic of obesity and sedentary lifestyles in America.

But today we spend only one percent of a 1 trillion dollar health budget on prevention. I believe it is time to put prevention on the front burner of our nation's health care agenda where it belongs. Because more than any miracle drug we could discover, changing health-damaging behaviors and eliminating environmental health hazards could decrease premature death in America by one half, chronic disability by two-thirds, not to mention dramatically cut health care costs.

As we enter the 21st Century and adapt the Framingham Study to help us better understand all of the diseases that affect us today and into the future—diseases like Alzheimer's disease, diabetes, cancer, and the genetics of many other illnesses—the work of Framingham's Public Health Patriots will go on and on, and the rest of us will have even more reason to praise all of the volunteers gathered here this afternoon and the thousands of others who are with us in spirit.

In closing, I'd like to share an ancient proverb: "He, let's also make that she—who has health has hope. And he who has hope has everything." That's what this landmark Framingham Heart Study and your important contributions are all about—providing hope for a healthier future for the citizens of Framingham, of Massachusetts and for all Americans.

I am proud to represent you, I salute you, and I thank you with all of my heart for opening your lives to science to save our lives and the lives of generations of Americans to come.

TRIBUTE TO COLONEL DENNIS K. OBERHELMAN

HON. IKE SKELTON

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Monday, September 28, 1998

Mr. SKELTON. Mr. Speaker, let me take this opportunity to pay tribute to Marine Corps Colonel Dennis K. Oberhelman, who is retiring from the military after 28 years of exceptional service to our nation.

From 1996 to 1998, Col. Oberhelman served as Commanding Officer, Marine Corps Support Activity, Kansas City, Missouri. During this period of time, his leadership, innovative concepts, and farsighted planning were manifested in the overall effectiveness of Support